

**How do you
transform
this**



into this?



**Collect plastic grocery
bags**

**Cut bags in strips and
loop together to make
plastic**

**Crochet the plarn into
3' X 6' mats**



**It takes 500 – 700
bags to make one
mat. It takes 40 or
more man hours to
prepare the plarn and
crochet one mat.**

**The mats are
washable, bug
resistant, portable,
and provide
protection from the
ground.**



All ages can help!!

**For more information
regarding presentations
about our project or
help starting your own
group contact:**

**St. John Lutheran Ingomar
2139 Enterprise Rd.
West Alexandria, OH 45381
(937)839-5321**

stjohningomar@swohio.twcbc.com

or

Jan Spitler (937) 839-4078

**Come join us on the 3rd
Saturday of the month
9:00 am to 11:00 am**



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Sleep Mats



for the Homeless



**A community outreach
project
of St. John Lutheran Church
Ingomar**

